



COMMUNITY MATCHING

In our community, we believe in the power of coming together to make a difference. We have faced many challenges over the last few years, and having services to support people through hardship is imperative to the collective health of our region.

WHY SUPPORT US?

Horses for Hope has been supporting children, teenagers, adults and families in the Goulburn Valley region for almost 20 years. Next year we will celebrate 2 decades of helping thousands of people and hundreds of horses on their road to recovery when other traditional methods of support could not.

WAYS TO SUPPORT

We're excited to announce our **'Match for Hope'** campaign. We're calling on influential, community minded business leaders to make a lasting impact - to match each other's donations in order to reach our target of \$96,000 by the end of 2023. A number of socially responsible local businesses have jumped on board and supported our goals already, and as a result we are already a third of the way to reaching our target, but still have more work to do. We are a registered Not For Profit with DGR status.

To put it simply: without community support, this charity program will not continue to operate at the level we need in order to support our most vulnerable people, as well as horses in need.

DONATIONS WILL

1. Develop new group programs

To target specific at-risk groups such as young people experiencing school refusal, young people navigating the challenges of caring for parents or family members with mental illness or disability, and young people preparing themselves to enter the workforce.

2. Ensure the program continues to exist

As a small charity, we feel we have a responsibility to our community to continue to run, develop and evolve the program to increase availability to as many people and horses as possible in the Goulburn Valley region.



AT A GLANCE

CHALLENGES

- Investing in training new staff.
- Investing in developing & facilitating new & affordable group programs.

BENEFITS

- Minimise waitlist times so more people can use our service
- Add more staff to cater to demand.
- Fulful Social Corporate Responsibility requirements.

"Horses for Hope is distinguished from other programs in that there is an integration of Trauma Theory, Equine Assisted Therapy and Narrative Therapy. This unique focus and practice are at the heart of Horses for Hope and has proven to have had transformative effects on the participants in the program; both equine and human. The program offers healing through the participant developing skills to regulate their nervous system in relationship with an exquisitely emotionally attuned animal".

DEB MOUNTJOY

National Clinical Advisor, Family Inclusive Practice, **HEADSPACE**